

How to Use the Vanilla Mint Lip Balm Kit

Kit Items

- Lip Solutions (Shea, Soy, or Vegan)
- Peppermint, Willamette Valley, Essential Oil
- Natural Vanilla Oil
- 40 Clear 1/4-ounce Jars
- 40 Clear Lids for Jars
- Small Pipettes (with ½, 1, 1 ½, 2, 2 ½, and 3 milliliter markings)

Needed Equipment

- Microwave
- Ceramic or Glass Plate
- Paper towels or rags for clean up

Bain-marie or Double Boiler Instructions

- *If using an electric frying pan:* fill the pan 1/3 full with water. Turn on the heat to "simmer" temperature. Open the jar of Lip Solutions and place the jar in an electric frying pan. The heat will melt the Lip Solutions mixture as water simmers in the pan. Stir with a transfer pipette if desired; this can help melt the solution near the top. Once the Lip Solutions is completely melted, add flavor and use a transfer pipette to dispense the melted Lip Solutions into jars. Allow jars to cool, then cap containers.
- *If using a saucepan:* fit the pan with a wire rack and fill 1/3 full with water. Place the saucepan on the stove and turn on the heat to medium-low. Open the jar of Lip Solutions and place the jar in the saucepan on top of the wire rack. The heat will melt the Lip Solutions mixture as water simmers in the pan. Stir with a transfer pipette if desired; this can help melt the solution near the top. Once the Lip Solutions is completely melted, add flavor and use a transfer pipette to dispense the melted Lip Solutions into jars. Allow jars to cool, then cap containers.

Microwave Instructions

- Open the jar of Lip Solutions and place the jar into the microwave. Using the microwave, heat the Lip Solutions right inside the jar, using short bursts of time. We generally recommend short bursts of 30 seconds or so. When the Lip Solutions is mostly melted, stir to melt the last bit instead of overheating the Lip Solutions. Once the Lip Solutions is completely melted, remove it from the microwave and stir in the flavor. Use a transfer pipette to dispense the melted Lip Solutions into jars. Allow jars to cool, then cap containers.

NEVER LEAVE THE MIXTURE TO HEAT UNATTENDED!

If all of the Lip Solutions mixture is not used, remove the jar from the heat source and allow it to cool. Once cooled, replace the lid on the jar and store until a later date. Repeat the process above.



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Flavor Measurements

Flavor Strength	Willamette Valley Peppermint Essential Oil	Natural Vanilla Oil
Light	1 milliliter	3 milliliters
Moderate	2 milliliters	7 milliliters
Strong	3 milliliters	11 milliliters

Adding a Flavor

Once Lip Solutions is completely melted, add the flavoring amounts of your choice. Start with the smallest recommended amount of flavor, then increase as desired. Use a new transfer pipette for each flavor to prevent cross-contamination. Once the flavoring has been added and the mixture is completely melted; it is time to dispense the solution into jars. Use a transfer pipette (not shared with the flavor oil bottles) to move the Lip Solutions from the jar to the tubes and pots.

Plate Test

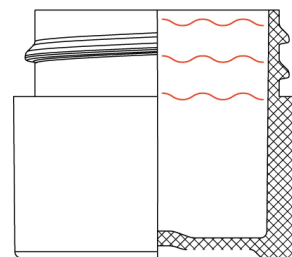
Find a ceramic or glass plate. After you have flavored the Lip Solutions, use a transfer pipette to drop one or two drops of the melted Lip Solutions onto the plate. These drops of Lip Solutions will cool very quickly. Rub your finger on the Lip Solutions and then place the Lip Solutions on your lips. You should make sure your hands are clean and don't have any residual flavor on them, or the test is pointless. Ask yourself these questions:

- *Is this flavor strong enough for what I want?*
- *Is this lip balm sweet enough?*
- *Do I need to add something to round this flavor?*
- *Am I happy with the flavor that this has produced?*
- *Do I like the feel of this lip balm on my lips?*

If you can answer these questions to your satisfaction, then you can fill your containers and be happy with the flavor results the first time!

Tips

- If your plastic pipette keeps its shape when stirring your Lip Solutions, the mixture is not too hot to cause injury by burning if spilled.
- Filling the jars to the shoulders (lowest red line) will give you 40 jars, while filling the jars to nearly the top will give you 35 jars.



Happy making!



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